



Northway Infant & Carrant Brook Junior Schools

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PE Curriculum Overview



Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Fundamental Movement Skills- Spatial awareness & Motor Skills	Target Games Dance	Balance ability Gymnastics- Floor	Balance ability Gymnastics -Apparatus	Multi-Skills- Sports Day Net & Wall	Throwing & Catching Athletics Athletics-Northway Bronze Star
1	Fundamentals Strength & Flexibility	Target Games Dance	Gymnastics- Floor Invasion-hockey SEND KS1 Multi-Skills	Gymnastics- Apparatus Dance Perform Dance SHINE assembly	Multi-skills Throwing & Catching Sports Day Net & Wall Tennis	Striking & Fielding-Bean bag rounders Athletics-Northway Sports Star Silver Mini Red
2	Dance Fundamentals Perform Dance SHINE assembly	Strength & Flexibility' Target Games Multi-Skills	Gymnastics-Floor & Rhythmic Dance SEND KS1 Multi-Skills Feet First	Gymnastics- Apparatus Ball skills-throwing & catching	Net & Wall Badminton Sports Day OAA	Athletics-Northway Gold Star Striking & Fielding- Cricket
3	Football Fundamentals circuits/fitness	Netball Dance Football Tournament	Basketball Gymnastics	Rugby Tennis Football Tournament	Swimming Sports Day Athletics	Swimming Athletics Tewkesbury Athletics
4	Football Fundamentals- circuits/fitness Cross-Country	Gymnastics Netball Football Tournament	Basketball Dance Feet First	Rugby Tennis Cross-Country Football Tournament Rugby Tournament	Athletics Sports Day Rounders	Athletics Cricket Tewkesbury Athletics
5	Football Fundamentals-circuits/fitness Cross-Country	Netball Dance Football Tournament Girls Netball Tournament	Basketball Gymnastics	Rugby Tennis Cross-Country Netball Tournament Rugby Tournament	Athletics Sports Day Rounders	Athletics Cricket Tewkesbury Athletics
6	Netball Fundamentals circuits/fitness	Football Dance Football Tournament Girls Netball Tournament	Basketball Gymnastics	Rugby Tennis Netball & Rugby Tournament	Athletics Sports Day Rounders	Athletics Bike ability & Cricket Tewkesbury Athletics