



Northway Infant & Carrant Brook Junior Schools

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PSHE and R(S)HE Intent, Implementation and Impact

Intent & Implementation

At Northway Infants and Carrant Brook Juniors, we deliver Personal, Social and Health Education, and Relationship, (Sex) and Health Education through the Coram SCARF whole-school approach. Which is designed to help pupils develop essential life skills and knowledge.

Through this approach, we aim to equip the children with the knowledge, understanding, skills and strategies to live healthy, safe, creative, productive, responsible and balanced lives.

PHSE and R(S)HE sessions provide diverse and enriched learning opportunities; they are very sociable sessions where the children quickly gain confidence in sharing their ideas and working together. Similarly, the children are able to develop their self-esteem, resilience and celebrate their own and other children's achievements.

Each term the children take part in different activities that focus on a PSHE theme. The activities within these terms are typically very practical and may involve acting, creating, listening to and reflecting on stories, investigating, making group decisions and always involve plenty of discussion and debates!

Through these the children learn and develop an understanding of many things including; relationships, valuing differences, keeping safe, rights and respect, being their best and growing and changing.

Our R(S)HE curriculum, is interwoven throughout the year, with more specific Sex Education being taught in the summer term, in consultation with pupils, staff and parents.

Community Connections

PSHE and R(S)HE enables our children to engage in many community connections. These often intertwine with themed weeks such as Road Safety, Anti-Bullying Week and Children's Mental Health week, where the children promote the focus of these sessions in the wider community.

Where possible, we invite members of the community in to school to talk to the children: local religious figures; local health-care professionals and local charities, who help the children to develop their views, beliefs and understanding.

Our community focussed curriculum also ensures that children give-back to the local area, whether this is through fundraising, getting involved with local projects, or thinking about ways to support the local community.

Enrichment and Cultural Capital

PSHE and R(S)HE enables our children to become healthy, independent and responsible members of society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of becoming young adults. Our children are provided with opportunities to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Children are given opportunities to participate in events that encourage these subjects such as Children's Mental Health Week, first-aid sessions, raising money for charities, and joining the school council, ambassadors or house captains.

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S Our children feel safe and confident sharing their views.

H Engaging activities, which our children are happy to participate in, stimulate and challenge them.

I children are encouraged to independently express their own thoughts, ideas and views during activities.

N PSHE and R(S)HE helps children to remember the importance of always doing their best and celebrates times when they have never given up.

E We encourage children to take pride in their work and for ways to excel.

Two Schools One Community Opportunities

Our Two Schools share many opportunities for the children to come together including: joint school council meetings; time for cross-phase working on projects relating to health and wellbeing (for example, Children's Mental Health Week, Living Streets initiative). Pupils also share experiences linked to our Community outreach schemes - such as fundraising, and contributions.

Impact

PSHE and R(S)HE has a high profile in our two schools. We firmly believe that a meaningful PSHE and R(S)HE curriculum is the key to children becoming confident, tolerant and well-rounded adults. It will enable them to better understand each other as human beings and global citizens, share cultures and grow in empathy, and form healthy relationships. It helps children to understand the different lifestyles that people may live and encourages them to be respectful and tolerant towards those leading different lives to themselves.

British Values

- ✓ **Democracy** - All children are encouraged to join in class discussions to express their views. However, children have the right to 'pass' during circle time activities. Pupils are involved in contributing to the running of the school e.g. participating in school councils.
- ✓ **Mutual Respect** - Respect is one of the core values of our school. The pupils know and understand that it is expected that respect is shown to everyone, adults and children. Our behaviour policy refers to being Safe, Kind, Ready and Respectful.
- ✓ **Tolerance** - Pupils are helped to acquire an understanding of, and respect for, their own and other cultures and ways of life.
- ✓ **The Rule of Law** - School rules and expectations are clear and fair, regularly promoted in class and during assemblies. Pupils are always helped to distinguish right from wrong, in the classroom, during assemblies, lessons, circle times as well as in the playground.
- ✓ **Individual Liberty** - Within school, pupils are actively encouraged, and given the freedom to make choices, knowing that they are in a safe and supportive environment.

What retention may be demonstrated?

Questions which may be used to assess understanding:

- Can you tell me how your behaviour impacts on other people in class?
- Can you tell me some ways that you are special and different to others and why this makes you special?
- Can you explain how your skills played an important part in a group?
- Can you explain how foods and medicines can be good/less healthy for your body?
- Can you explain why I have special relationships with some people and how these relationships help me feel safe and good about myself?
- Can you use the correct names for penis, testicles, anus, vagina, vulva and give reasons why they are private?